



# Lunch Menu

## Week 1 Spring Menu March 2021

Day	<u>Meat Option</u>	<u>Vegan /Veg</u>	<u>Sandwich Alternative</u>	Side Dishes	Reduced sugar Pudding
Monday	Sweet and Sour Chicken	Mixed Veg.. Sweet and sour	Cheese Sandwich	Steamed basmati rice	Apple Crumble, Crème 'anglaise
	Allergens 10	10	1,9		1,7,9
Tuesday	Penne bolognaise	Vegan Pasta	Tuna Mayo	Garlic bread	Chocolate Brownie Chocolate sauce
	Allergens 1,7		1,4,7,	1,9	1,7,9
Wednesday	Halal Chicken Sausages	Vegetable Sausages	Cheese sandwich	Mash potatoes ,peas	Eton Mess
	Allergens 1	1	1,9		7,9
Thursday	Jerk Chicken drum sticks	Jerk Courgette and aubergine steaks	Tuna Mayo	Potato Croquette , Mixed veg	Coconut and Jam cake
	Allergens	1	1,4,7,	1,7	1,7,9
Friday	Battered cod with tartar sauce	Vegan Swiss roll	Chef's Special Sandwich	Chunky chips , baked beans	Chef's Choice
	<i>All-time favourite</i>				

Allergens 1,4,7  
To support you to plan meals for children who may have allergies we've added information about the allergens that each dish may contain.No nuts or nut oils are used in our school meals.

- |   |             |    |                 |
|---|-------------|----|-----------------|
| 1 | Gluten      | 8  | Soy beans       |
| 2 | Crustaceans | 9  | Dairy           |
| 3 | Molluscs    | 10 | Celery          |
| 4 | Fish        | 11 | Mustard         |
| 5 | Peanuts     | 12 | Lupin           |
| 6 | Nuts        | 13 | Sesame          |
| 7 | Eggs        | 14 | Sulphur Dioxide |

Please check with the member of catering



# Lunch Menu

## Week 2

## Spring Menu

Day	<u>Meat Option</u>	<u>VEGAN/Veg</u>	<u>Sandwich Alternative</u>	Side Dishes	Pauding
Monday	Chicken Tikka Masala	Red kidney beans and black lentil curry	Cheese sandwich	Braised rice , mini garlic naan bread	Profiteroles
	<i>Allergens</i> 9		1,9	1,9	1,7,9
Tuesday	Chicken Chow Mein	Vegan Chow Mein	Tuna Mayo	Prawn Crackers	Peach cobbler , whipped cream
	<i>Allergens</i> 1,4,7,8,14	8,14	1,4,7,	4	1,7,9
<b>Wednesday</b>	Chilli Con Carne	Soya Chilli	Cheese Sandwich	Rice ,Quorn chips	Chiros
	<i>Allergens</i>	8	1,9		1,7,9
Thursday	Rosemary roasted chicken drumsticks	Thyme roasted Quorn Sausages	Tuna mayo	Roasted potatoes , sliced beans	Fruit cake
	<i>Allergens</i>	1,7	1,,4,7,		1, 7, 9
Friday	<i>All-time favourite</i> Battered cod	Mushroom wellington	Cheese Sandwich	Chunky Chips , Baked beans	Chef Choice
	<i>Allergens</i> 1, 4,	1	1,9		1, 7, 9

To support you to plan meals for children who may have allergies we've added information about the allergens that each dish may contain. No nuts or nut oils are used in our primary school meals.

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|---|-------------|----|-----------------|
| 1 | Gluten      | 8  | Soy beans       |
| 2 | Crustaceans | 9  | Milk            |
| 3 | Molluscs    | 10 | Celery          |
| 4 | Fish        | 11 | Mustard         |
| 5 | Peanuts     | 12 | Lupin           |
| 6 | Nuts        | 13 | Sesame          |
| 7 | Eggs        | 14 | Sulphur Dioxide |