



Ark Burlington Danes  
Academy

# Early Years Summer 2020





# Ark Burlington Danes Academy

## 22 – 36 months

### Personal, Social and Emotional Development

#### Making relationships

- Make dens from sheets and blankets that I can play in with you or my friends.

#### Self confidence and self awareness

- Make a box with different things in it, like glue and different types of paper, that I can choose from when I'm making a picture or model from boxes.

#### Managing feelings and behaviour

- Talk to me about the order I need to do things in, like brushing my teeth or getting ready for bed.

### Physical Development

#### Moving and handling

- Play ball games with me.
- Give me lots of ribbons that I can wave around me.
- Let me try and dress my teddy or doll with different types of clothes, like coats, jumpers and dresses, and different types of fastenings, like buttons, Velcro and zips.

#### Health and self care

- Let me help get lunch ready by cutting the cheese or bananas.

### Communication and Language

#### Listening and attention

- Use sock puppets or toy people or animals when you're sharing one of my favourite stories or songs with me.

#### Understanding

- When we're making a sandwich together tell me what you are doing so I know what to do.

#### Speaking

- When we're playing with things, use new words to describe what I'm doing with them or to tell me what they are called.

### Literacy

#### Reading

- I like to turn the pages in books – let me.
- Let me use my toys to help me tell you stories that we've shared.
- When you read me stories that I know really well, stop at different parts and let me tell you the missing word.
- Let me explore lots of books from the library or nursery with my friends and on my own.

#### Writing

- Draw and paint with me and tell me what you're doing.
- When you're writing lists or filling in forms let me have my own paper or forms so that I can make my own marks.

#### Resources to help:

- [www.booktrust.org.uk/resources](http://www.booktrust.org.uk/resources)
- [www.literacytrust.org.uk/early\\_years](http://www.literacytrust.org.uk/early_years)
- [www.thecommunicationtrust.org.uk](http://www.thecommunicationtrust.org.uk)
- [www.readongeton.org.uk](http://www.readongeton.org.uk)

### Mathematics

#### Numbers

- Make skittles with me from plastic bottles. Play games where we have to keep a score of how many skittles we've knocked down.
- Sing counting rhymes with me like "Five Little Men in a Flying Saucer" or "1,2,3,4,5 Once I Caught a Fish Alive".

#### Shape, space and measure

- Let me sort the clothes so that I put all the ones with the same pattern or colour like red, spotty or stripy, together.

### Understanding the World

#### People and communities

- Let me taste food from different countries and cultures.

## How can you help me with my learning?

### The world

- Let me explore bubbles, windmills or streamers when it's windy.
- Let me use toy cars, buses or trains to make up stories about going to the supermarket, going on holiday or going to nursery.

### Technology

- Let me press buttons on things like torches or remote control cars to see what happens.

### Expressive Arts and Design

#### Exploring and using media and materials

- Let me explore the different sounds I can make with everyday things like spoons, pots and plastic bowls.
- Make a box with paper, glue, scissors and crayons that I can use to make pictures.

#### Being imaginative

- Let me dress up using grown ups' clothes, pieces of fabric, hats and bags so that I can pretend to be somebody else.





# Ark Burlington Danes Academy

## 30 – 50 months

### Personal, Social and Emotional Development

#### Making relationships

- Let me build things with my friends using big cardboard boxes and pieces of fabric.

#### Self confidence and self awareness

- Let me help you match the socks together.

#### Managing feelings and behaviour

- Let me dress up and pretend to be a nurse, doctor, firefighter, mum or dad.
- Explain to me why I cannot do things like run around the supermarket.

### Physical Development

#### Moving and handling

- Let me practice using children's scissors to cut dough, cooked spaghetti or paper.
- Make an obstacle course in the park or garden where I have to run around benches or chairs, crawl under a blanket and crawl through a cardboard box.

#### Health and self care

- Make sure I brush my teeth twice a day.

### Communication and Language

#### Listening and attention

- Play listening games with me like "Simon Says..." Where I have to copy an action or "Ready, Steady, Go" where I have to wait to push the ball or car.
- Make up silly sentences with me where each word begins with the same sound as at the start of my name.

#### Speaking

- Talk to me about things we did or places that we went to yesterday.

#### Understanding

- When I'm helping you to make the lunch, ask me questions like "What do I need to cut the apple?" or "What do I need to pour your milk / water into?" so that I can find you the thing we need.
- When we're tidying up give me simple instructions like "Put your shoes in the basket" or "Put the remote control on the sofa."



### Literacy

#### Reading

- Read signs to me when we are out and about.
- Let me read and share my books with you.
- Let me choose my own books when we go to the library.
- Set up a pretend shop where I can read the labels on the packets and boxes.
- Read a recipe to me as we're making dough.
- Borrow a story sack from nursery for us to investigate, read, and make up stories.

#### Writing

- Tell me what you're writing as you write a shopping list.
- Make a name card for my bedroom door or a placemat with my name on. Let me use these to help me try to write my name by myself.

#### Resources to help:

- [www.booktrust.org.uk/resources](http://www.booktrust.org.uk/resources),
- [www.thecommunicationtrust.org.uk](http://www.thecommunicationtrust.org.uk)
- [www.literacytrust.org.uk/early\\_years](http://www.literacytrust.org.uk/early_years)
- [www.readongeton.org.uk](http://www.readongeton.org.uk)

### Mathematics

#### Numbers

- Make a train shed with numbers on so that I can match my trains into the shed with the same number on.
- Put numbers on a skittles game made from plastic bottles. Ask me what number was on the bottle I knocked down.

#### Shape, space and measure

- Let me build from cardboard boxes or wooden bricks. Use words like "long" or "tall" to describe my model.
- Go on a shape walk inside or outside to find things which are the same like "circles" or "spheres".

### Understanding the World

#### People and communities

- Take me out to different places where we live, like the fire station or the library.

#### The world

- Let me explore mud, rain or snow.
- Plant seeds with me in a pot or in the garden.

#### Technology

- Let me press buttons, like on the pelican crossing or the doorbell at our friend's house, to see what happens.

### Expressive Arts and Design

#### Exploring and using media and materials

- Let me use my paints to mix up my own colours.

#### Being imaginative

- Help me to use some of my toys to make up a story.
- Give me pieces of material to make a cape or a big cardboard box to make a spaceship when I'm pretending to be somebody else or going on an adventure.

How can you help me with my learning?





# Ark Burlington Danes Academy

## 40 – 60 months

### Personal, Social and Emotional Development

#### Making relationships

- When we go to the park ask me what we can do there or what things we see growing there.

#### Self confidence and self awareness

- Let me tell you how you can help me when I'm making something.

#### Managing feelings and behaviour

- Talk to me about how to keep safe when we're going to cross the road at a pelican crossing or zebra crossing.

### Physical Development

#### Moving and handling

- Play games with me like football, basketball or throwing balls into bowls or boxes.
- Get me to thread plastic bottle tops with holes onto string or shoe laces.

#### Health and self care

- Make fruit kebabs or vegetable faces to help me try different types of fruit and vegetables.
- Dance with me when we hear our favourite songs.

### Communication and Language

#### Listening and attention

- Play a treasure hunt game with me where I have to listen to your instructions to help me find the next "clue".

#### Understanding

- When we're sharing a story together ask me why I think something has happened or what might happen next.

#### Speaking

- When we're sharing a story ask me how I think the story might end.
- Make up silly rhymes with me where we use words that begin with the same letter or the words all rhyme, like "cat", "bat" and "hat".
- Play "I spy" with me.
- Use different voices, like loud voices or squeaky voices, when we're telling stories.

### Literacy

#### Reading

- Do not forget I enjoy being read to and sharing books with you.
- Let me read to you and ask interesting questions about the story
- Make a puppet theatre with me from a cardboard box and puppets, cut out of comics or pictures from websites, to help me make up new stories.
- Make and play games with me that use letters or words.
- Play games where you give me an instruction like "Can you j-u-m-p?" or "Can you h-o-p?" and I have to put the sounds of the word together and show you the action.
- I have favourite books – ask me about them.

#### Writing

- Make a pretend shop with me and let me write the price lists.
- Make number plates with me for my cars.
- Make a photo book of our family or when we went to the park and let me write my own words in it.

#### Resources to help:

- [www.booktrust.org.uk/resources](http://www.booktrust.org.uk/resources)
- [www.thecommunicationtrust.org.uk](http://www.thecommunicationtrust.org.uk)
- [www.literacytrust.org.uk/early\\_years](http://www.literacytrust.org.uk/early_years)

### Mathematics

#### Numbers

- Plan a picnic with me and let me decide how many sandwiches and bananas we will need.
- Make a number line with me using birthday cards.
- Play number snap or bingo with numbers that we've cut out of a magazine.
- Sing number songs where I have to count backwards like "Five Little Ducks" or "Ten Fat Sausages".

#### Shape, space and measure

- Let me sort out the pairs of shoes so that they go from small to big.
- Let me make patterns with buttons or lids, like "big, small, big".
- Let me give you instructions for an obstacle course, like "Go under the blanket", "Go through the tunnel" and "Go behind the chair".

### Understanding the World

#### People and communities

- Let me help you find the things we need in the shop.
- Have a pretend party for my dolls and teddies with me.

#### The world

- Make a map with me to show how we get from our house to nursery or the library.
- Draw a road for my cars or a track for my trains with me on a big piece of paper.
- Let me help you water the plants.
- Make coloured ice cubes with me and let me use them to paint with.

#### Technology

- Let me listen to a story or a song on our radio, CD player, app or website.
- Let me take photos of my favourite toys, special grown ups or when we walk to the bus stop.

## How can you help me with my learning?

### Expressive Arts and Design

#### Exploring and using media and materials

- Pretend stories with me like "Going on a Bear Hunt" or "Walking Through the Jungle".
- Sing and dance with me to my favourite songs.
- Give me string, scissors, sticky tape, glue and boxes to make a model, like a castle or a car.

#### Being imaginative

- Let me tell you a story about what I'm doing when I'm dressing up and pretending to be a pirate or a doctor.





## Where to go to learn more

If you feel unsure about your child's development or have any concerns you might want to speak to someone from your local children's centre, your child's key person, a childminder or health professional.

For information about NHS services and support for parents visit:

[www.nhs.uk/conditions/pregnancy-and-baby/Pages/services-support-for-parents.aspx](http://www.nhs.uk/conditions/pregnancy-and-baby/Pages/services-support-for-parents.aspx)

To find a Sure Start Children's Centre in your area visit: [www.gov.uk/find-sure-start-childrens-centre](http://www.gov.uk/find-sure-start-childrens-centre)

Source	Link	Resource	Support offered
Action for Children	<a href="http://www.actionforchildren.org.uk">www.actionforchildren.org.uk</a>	Resources and guides	Range of resources to support with your child's development
Book Trust	<a href="http://www.booktrust.org.uk/resources">www.booktrust.org.uk/resources</a>	Book Trust transforms lives by getting children and families reading.	Resources to support reading of all ages to develop the skills that will improve their opportunities in life.
Communication Trust	<a href="http://www.thecommunicationtrust.org.uk">www.thecommunicationtrust.org.uk</a>	Small Talk.	For parents of children aged 0-5 to show where children are likely to be with their communication at a certain age.
		Top Tips Leaflet.	10 Top Tips to help parents or professionals develop children and young people's communication skills
		Through the eyes of a child.	Four films full of useful advice on how parents can encourage their child to talk and interact with them.
		Misunderstood.	Information for those who want to find out more about supporting children and young people with speech, language and communication needs
		Listen up.	Listen up Resources to encourage listening, understanding, interaction and play.
		Summer Talk.	Pack with games and activities that support families to encourage children's communication skills when they are out and about this Summer.





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Source	Link	Resource	Support offered
<b>Families in the Foundation Years</b>	<a href="http://www.foundationyears.org.uk/parents">www.foundationyears.org.uk/parents</a>	Outline of information available to parents to help in making choices and plans. Links are also provided to other websites to offer you more information if you need it.	This site is designed to help you work your way through the information and support on offer to help your child get off to a great start in life.
<b>Family Information Centre</b>	<a href="http://finder.familyandchildcaretrust.org">finder.familyandchildcaretrust.org</a>	Information on services available to parents.	Your local Family Information Service (FIS) provides a range of information for parents from details of local childcare and early years provision to family activities in your area.
<b>katecairns.com</b>	<a href="http://www.fivetothrive.org.uk/resources">www.fivetothrive.org.uk/resources</a>	Five to thrive.	Printed guides, posters, pop-up banners and a range of age-specific supplements are all available to support the implementation of five to thrive.
<b>Literacy Trust</b>	<a href="http://www.literacytrust.org.uk/early_years">www.literacytrust.org.uk/early_years</a>	Early Words Together.	Early Words Together is a targeted, literacy peer education programme for families with children aged two to five that empowers parents to support their child's early learning, through small groups run within an early years setting.
<b>National Numeracy</b>	<a href="http://www.nationalnumeracy.org.uk">www.nationalnumeracy.org.uk</a>	How does what parents say about maths affect their children?  Help Your Child With Numeracy: Age Range 3-7.	Falkirk Council Education Services have created a lovely video with some great suggestions for everyday maths activities.  Clear descriptions of the ways in which maths is taught in schools today, as well as examples of the kinds of calculations children will learn at different ages.
<b>Parents in Touch</b>	<a href="http://www.parentsintouch.co.uk">www.parentsintouch.co.uk</a>	How I can help my under 5 year old.	Resources to help with maths, phonics, handwriting and English.
<b>Play England</b>	<a href="http://www.playengland.org.uk/resources.aspx">www.playengland.org.uk/resources.aspx</a>	Reports and guides.	Written by experts, the resources ensure that parents access to a wide-range of research, good practice and guidance to support them to increase children's freedom to play.
<b>Start4Life</b>	<a href="http://www.nhs.uk/start4life">www.nhs.uk/start4life</a>	Support throughout pregnancy and as baby grows.	All the help and advice you need during pregnancy, birth and parenthood for mums, dads, family and friends.



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Please, visit this website for more ideas:

<https://hungrylittleminds.campaign.gov.uk/>





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We hope you have a great summer and we look forward to your child starting their school journey with us in September.

