

BDA Spring Lunch Menu 2022—Week 1

Meat		Vegetarian/Vegan		Side Dish		Sandwiches		Dessert	
Monday	* Caribbean style Chicken curry	* Trio lentil curry		* Steamed rice		* Tuna mayonnaise		* Profiteroles	
				* Garlic Naan bread 1,9		* Cheese salad 1,4,7,9		* Fruit pots 1,7,9	
Tuesday	* Penne bolognaise 1,7	* Vegan pasta 1		* Grated cheese 9		* Chicken mayonnaise * Cheese and cucumber 1,7,9		* Banana cake vanilla butter frosting 1,7,9	
Wednesday	* Irish chicken stew	* Stir-fried veg in black bean sauce 14		* Champs potatoes * Sauté green beans		* Cheese salad * Roasted Veg. 1,9		* Waffles with salted caramel sauce 1,7,9	
Thursday	* Smoked barbeque Chicken	* Barbeque corn fillet 1,		* Saffron rice * Green peas		* Chicken tikka * Jerk Quorn 1,7		* Victoria Sponge cream anglaise 1,7,9	
Friday All time favourite	* Battered cod 1,4,	* Vegan sausage rolls 1		* Chunky chips * Baked beans *		* Chef's special 1,4,7,9		* Chef's choice * 1,7,9	

To support you to plan meals for children who may have allergies we've added information about the allergens that each dish may contain.

No nuts or nut oils are used in our school meals.

If unsure, please check with a member of the

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| <ul style="list-style-type: none"> 1 Gluten 2 Crustaceans 3 Molluscs 4 Fish 5 Peanuts 6 Nuts 7 Eggs | <ul style="list-style-type: none"> 8 Soy beans 9 Dairy 10 Celery 11 Mustard 12 Lupin 13 Sesame 14 Sulphur Dioxide |
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BDA Spring Lunch Menu 2022—Week 2

	Meat	Vegetarian/Vegan	Side Dish	Sandwiches	Dessert
Monday	* Chicken and broad beans	* Mix beans stew	* Jollof rice * Green Veg	* Tuna mayonnaise * Cucumber and Hummus 1,7,9	* Chocolate Cake * Fruit salad ^{1,7,9}
Tuesday	* Sausage and mash 1	* Vegan Sausages 1	* Grated Cheese * 9	* Chicken mayonnaise * Cheese and tomatoes 1,7,9	* Carrot cake with butter icing 1,7,9 * Fruit Salad
<u>Vegetarian Day</u> Wednesday	* Pasta Trio	* Ratatouille	* Cheese 9	* Cheese Sandwich 1,9	* Churros 1,7,9 * Fruit salad
Thursday	* Jerked Chicken legs	* Jerked soya sausages	* Potatoes croquette * Carrot and sweetcorn	* Chicken mayonnaise 1,7	Pound Cake 1,7,9 Fruit Salad
Friday All time favourite	* Battered cod 1,4	* Quorn fillet 1	* Chunky chips * Baked beans	* Chef's special 1,9	* Chef's choice 1,7,9

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2 Crustaceans	9 Dairy
3 Molluscs	10 Celery
4 Fish	11 Mustard
5 Peanuts	12 Lupin
6 Nuts	13 Sesame
7 Eggs	14 Sulphur Dioxide