



Lunch Menu

Week 1 –Summer April 2021

To support you to plan meals for children who may have allergies we've added information about the allergens that each dish may contain. No nuts or nut oils are used in our school meals.

Day	<u>Meat Option</u>	<u>Vegan</u>	<u>Sandwich Alternative</u>	Side Dishes	Reduced sugar Pudding
Monday	Sweet and Sour Chicken	Mixed Veg.. Sweet and Sour	Cheese Sandwich	Steamed basmati rice	Apple Crumble, Crème 'anglaise
	Allergens 10	10	1,9		1,7,9
Tuesday	Pasta bolognaise	Vegan Pasta	Tuna Mayo	Grated cheese	Fruit Salad
	Allergens 1,7		1,4,7,	1,9	
Wednesday	Mexican Chicken and Jalapeno Tacos	Vegetable and jalapeno Tacos	Cheese sandwich	Sauté onion and peppers	Churros
	Allergens		1,9		1,7,9
Thursday	Jerk Chicken Thigh (Boneless)	Vege Sausages	Tuna Mayo	Mash potatoes , Mixed veg	Vegetarian Jelly pots
	Allergens	1,7	1,4,7,	1,7	
Friday	Battered cod with tartar sauce	Vegan Swiss roll	Chef's Special Sandwich	Chunky chips , baked beans	Yoghurt
	All-time favourite				9
	Allergens 1,4,7	1	1,4,7 ,9		Please check with the member of catering staff

- 1 Gluten 8 Soy beans
- 2 Crustaceans 9 Dairy
- 3 Molluscs 10 Celery
- 4 Fish 11 Mustard
- 5 Peanuts 12 Lupin
- 6 Nuts 13 Sesame
- 7 Eggs 14 Sulphur Dioxide



Lunch Menu

Week 2

Summer April 2021

To support you to plan meals for children who may have allergies we've added information about the allergens that each dish may contain. No nuts or nut oils are used in our school meals.

Day	<u>Meat Option</u>	<u>VEGAN</u>	<u>Sandwich Alternative</u>	Side Dishes	pudding
Monday	Chicken Tikka Masala	Red kidney beans and black lentil curry	Cheese sandwich	Braised rice , mini garlic naan bread	Profiteroles
	Allergens 9		1,9	1,9	1,7,9
Tuesday	Chicken Chow Mein	Vegan Chow Mein	Tuna Mayo	Prawn Crackers	Jelly
	Allergens 1,4,7,8,14	8,14	1,4,7,	4	
Wednesday					
Vegetarian	Tomato ,Ratatouille Pasta baked	Vegan Pasta Baked	Cheese Sandwich	Peas and sweet corn	Fruit Salad
	Allergens 1,9	8	1,9		1,7,9
Thursday	Rosemary roasted chicken Thigh	Thyme roasted Veggie Sausages	Tuna mayo	Roasted potatoes , sliced beans	Jam cake
	Allergens	1	1,,4,7,		
Friday					
<i>All-time favourite</i>	Battered cod	Mushroom wellington	Cheese Sandwich	Chunky Chips , Baked beans	Yoghurt
	Allergens 1, 4,	1	1,9		9

- 1 Gluten 8 Soy beans
- 2 Crustaceans 9 Dairy
- 3 Molluscs 10 Celery
- 4 Fish 11 Mustard
- 5 Peanuts 12 Lupin
- 6 Nuts 13 Sesame
- 7 Eggs 14 Sulphur Dioxide