



Ark Burlington Danes Academy

Outward Bound Leadership and Resilience Trip

Dear Parent/Guardian,

I am writing to advise you that we are planning an Outward Bound® residential experience from 20th-24th January 2020 and we believe your son would benefit from the course.

The Outward Bound Trust is an educational charity that uses the outdoors to provide life-changing educational courses and unique experiences for young people.

The National Curriculum clearly states young people should experience 'learning outside the classroom'. The results of taking our students into a different environment and encouraging them to work better as a team, build self-confidence and take personal responsibility are outstanding. The difference back in the classroom, and at home, is often remarkable. The aim of the trip is to build pupils' resilience and leadership to ensure they have the appropriate attitude when it comes to working hard for their final GCSE exams. The trip is meant to challenge all pupils both physically and mentally.

The Outward Bound Trust was established in 1941 and is the original provider of outdoor education, with an unrivalled safety record. Their mission is to unlock the potential in young people through discovery and adventure in the wild. We are particularly keen that our students are given the opportunity to access safe adventure in this way.

The Trust operates five young people's residential centres in the UK and we have chosen to go to Wales (Aberdovey) for 5 days (dates are above). The cost of the course has been heavily supplemented by donors and the Academy. However, we require a contribution of £50. The package we have paid for is fully inclusive of food, accommodation, bed-linen, equipment and insurance.

As the residential is oversubscribed, the final group of students will be selected on the first 20 pupils to place their initial £25 deposit for the trip. All payments are to be made via Parentpay under the name "Outward Bound January". The initial deposit needs to be paid no later than 22nd November. After this date, if all positions are not full, additional students will be invited to take the remaining places. The remaining £25 is due no later than the 6th January.

If you have any queries, please contact me at the academy on joshua.french@burlingtondanes.org. You can also visit The Outward Bound Trust's website on www.outwardbound.org.uk to learn more about their work and to download useful information about the centre and the course.

I look forward to sending you an update in due course with further information. In the meantime, please complete the Enrolment and Medical Information sheet and return to me no later than 15th November.

Yours faithfully,

Joshua French
Head of PE
Ark Burlington Danes Academy