



Lunch Menu

Week 1 Summer 2

Day	Non-Vegetarian	Vegetarian	Alternative Option	Side Dishes	Pudding
Monday <i>French</i> Allergens	Spring lamb with turnips and harricot beans	Smoky chilli with vegetables and beans	Jacket potato with Bolognese and cheese or baked beans	French onion rice with honey roast carrots	Little Star yoghurts
Tuesday <i>Mexican</i> Allergens	Turkey Milanese with sweet tomato salsa	Asparagus, tomato and chervil quiche	Cheese sandwich	Buttery champ peas and new potatoes	Water melon fingers
Wednesday <i>Italian</i> Allergens	Vege- Broccoli and aubergine baked penne pasta	Broccoli and aubergine baked penne pasta	Macaroni cheese or Mac with tomato sauce	Sundried tomato and onion focaccia with salad	Homemade orange jelly (Vegetarian based)
Thursday <i>British</i> Allergens	Roast beef topside with Yorkshire pudding	Fantastic veggie Wellington	Cheese sandwich	Honey and rosemary roasted potatoes	Traditional Eton mess
Friday <i>All-time favourite</i> Allergens	Battered cod with tartar sauce	Cauliflower and broccoli fritters	Tuna mayo sandwich	Chunky chips and English peas	Fresh fruit salad

To support you to plan meals for children who may have allergies we've added information about the allergens that each dish may contain.

No nuts or nut oils are used in our primary school meals.

1	Gluten	8	Soy beans
2	Crustaceans	9	Dairy
3	Molluscs	10	Celery
4	Fish	11	Mustard
5	Peanuts	12	Lupin
6	Nuts	13	Sesame



Lunch Menu

Week 2

Summer 2

Day	Non-Vegetarian	Vegetarian	Alternative Option	Side Dishes	Pudding
Monday <i>Spain</i>	Arroz con pollo	Espinacas con garbanzos	Chicken mayo sandwich	Paella and olive oil, cumin marinated carrots	Little Star yoghurts
	Allergens		1,7		9
Tuesday <i>Irish/UK</i>	Irish Lamb stew	Asparagus and chervil tart with tomato	Baked potato with ground beef and cheese Or baked beans	Celeriac mash and roast squash wedges	Vanilla ice cream tub
	Allergens 10	1, 7,9	9	9	9
Wednesday <i>Vegetarian</i>	Pizza margarita with corn on the cob and salad	Pizza margarita with corn on the cob and salad	Buttered penne pasta or penne with tomato sauce	Con on the cob and salad	Mixed fruit salad
	Allergens 1,9	1,9	1,7,9		
Thursday <i>TEX-MEX</i>	Chicken fajita wrap with potato wedges	Black beans and sour cream fajita wrap	Stir fried chicken noodles	Potato wedges and tropical mango cucumber salad	Orange drizzle cake with vanilla ice cream
	Allergens 1, 9	1, 9	1,7,8		1, 7, 9
Friday <i>All-time favourite</i>	Mini beef sliders with cheese	Grilled haloumi cheese burger with coriander and chickpeas	Cheese sandwich	Potato wedges and onion rings	Home made fruit cocktail jelly
	Allergens 1, 9	1, 9	1,9	9	vegetarian

To support you to plan meals for children who may have allergies we've added information about the allergens that each dish may contain.

- | | | | |
|---|-------------|----|-----------|
| 1 | Gluten | 8 | Soy beans |
| 2 | Crustaceans | 9 | Milk |
| 3 | Molluscs | 10 | Celery |
| 4 | Fish | 11 | Mustard |
| 5 | Peanuts | 12 | Lupin |
| 6 | Nuts | 13 | Sesame |

No nuts or nut oils are used in our primary school meals.



Lunch Menu

Week 3 Summer 2

Day	Non-Vegetarian	Vegetarian	Alternative Option	Side Dishes	Pudding
Monday <i>India</i>	Lamb Rogan Josh	Dal Makhni	Macaroni cheese mac with tomato sauce	Pilaf rice, garlic naan, salad	Little Star yoghurts
<i>Allergens</i>		9	1,7,9	1/9	9
Tuesday <i>Britain</i>	Beef sausages	Quorn sausages	Chicken mayo sandwich	Leek mash, green peas and gravy	Homemade jelly pots
<i>Allergens</i>	1, 8	1, 7,9	1,	9	VEGETARIAN
Vegetarian Wednesday	Lentil and courgette fritata	Lentil and courgette fritatta	Cheese sandwich	Corn on the cob and potato wedges	Apple wedges
<i>Allergens</i>	7,9	7,9	1,9		
Thursday <i>JAPAN</i>	Soy sweet potato and fish pot (cod/salmon)	Sweetcorn, coconut and mushroom rendang curry	Jacket with tuna and cheese or baked beans	Prawn crackers and lime steamed rice	Valencia cheese cake
<i>Allergens</i>	4,8	8	1,7,9	1, 4	1, 7, 9
Friday <i>All-time favourite</i>	Southern spiced chicken goujons with crème fraiche	Cheese stuffed coxinha	Buttered penne pasta or penne with tomato sauce	Sweet potato fries and baked beans	Fruit salad
<i>Allergens</i>	1, 9	1, 7, 9	1,7		

To support you to plan meals for children who may have allergies we've added information about the allergens that each dish may contain.

No nuts or nut oils are used in our primary school meals.

1	Gluten	8	Soy beans
2	Crustaceans	9	Milk
3	Molluscs	10	Celery
4	Fish	11	Mustard
5	Peanuts	12	Lupin
6	Nuts	13	Sesame