

Burlington Danes Academy SRE Overview 2017/18

Introduction

Sex and Relationships Education (SRE) at Burlington Danes Academy is taught as part of the PSHCE programme through a series of lessons from Years 7 to 11. These lessons work alongside other aspects of sex related education that are addressed in Science and Religious Education.

The objective of SRE at Burlington Danes is to help and support young people through their physical, emotional and moral development. The full programme, embedded in PSHE, helps all students learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood.

At Burlington Danes, SRE contributes to promoting the spiritual, moral, cultural, mental and physical development of all students at the academy and of society and aims to prepare young people for the opportunities, responsibilities and experiences of adult life. The SRE programme respects that Burlington Danes in a Church of England School, and is sensitive to those children within the school community who are of other faiths.

Year group	Objectives	Outside agencies
7	Year 7 students will learn about puberty and what happens when they go through this stage of their lives. They will learn about the importance of personal hygiene and the menstruation cycle.	Sessions with the school nurse. (1 nurse per group) 7B, 7U - 19/11 and 26/11 7R, 7L - 03/12 and 10/12 7D, 7A&7N - 17/12
8	Year 8 students will learn about puberty and what happens when they go through this stage of their lives. They will learn about the importance of personal hygiene and the menstruation cycle.	Sessions with the school nurse. Boys and girls will be split - 03/12 8B,8R,8A,8N 13:50-15:30 10/12 - 8U, 8L, 8D - 13:50-15:30
9	Year 9 students will learn about puberty and what happens when they go through this stage of their lives. They will learn about the menstruation cycle. They will know the basics of sex and know what a condom is and why people might use one. Students will also know in its most basic form	TENDER - 8.30-9.20am (two facilitators per group- 1 female and 1 male) 9B & 9U - 26/11 9R & 9L - 03/12 9D, 9A & 9N - 10/12

	what a sexually transmitted infection is and how someone may become infected.	
10	Year 10 students will learn about contraception and the dangers of sexually transmitted infections. They will be introduced to factual information regarding the rise in teenage pregnancies and the dangers associated with this. Students will also learn about sexual abuse and how to keep themselves safe and the agencies involved in supporting such abuse.	Sessions will be delivered over two sessions per year group with either the school nurses or Tender.
11	Year 11 students will learn about keeping themselves sexually safe with the use of condoms and the contraceptive pill to avoid unplanned pregnancies and sexually transmitted infections. Students will also learn about sexual offences and human trafficking.	Sessions will be delivered over two sessions per year group with either the school nurse or Tender.

Notes:

Tender is an arts based organisation which uses drama and the creative arts to explore issue based work in a sensitive and age appropriate way. Tender has been commissioned by Hammersmith and Fulham Council to run a new programme in the boroughs and Burlington Danes Academy has been selected to be part of the programme.

Throughout the programme, Tender will be exploring issues including healthy relationships, sexual health and substance misuse. Two Tender facilitators will guide students using drama and debate, challenging them to think beyond established attitudes.

Tender promotes positive skills and attitudes through participatory workshops, and has undergone professional external evaluations showing a powerful impact on behaviour. 91% of teachers reported a positive change in their students. Our work empowers young people to become advocates of respectful, thoughtful behaviour within their schools, peer groups and communities.

Tender has a robust and effective approach to child protection, developed through our work in over 120 schools across London. The welfare of participants is paramount, and we ensure our projects address complex issues sensitively. Tender enables young people to safely engage through drama exercises that do not require them to disclose their own experiences. 89% of students reported enjoying their involvement.