

Burlington Danes Academy SRE Overview 2016/17

Introduction

Sex and Relationships Education (SRE) at Burlington Danes Academy is taught as part of the PSHCE programme through a series of lessons from Years 7 to 11. These lessons work alongside other aspects of sex related education that are addressed in Science and Religious Education.

The objective of SRE at Burlington Danes is to help and support young people through their physical, emotional and moral development. The full programme, embedded in PSHE, helps all students learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood.

At Burlington Danes, SRE contributes to promoting the spiritual, moral, cultural, mental and physical development of all students at the academy and of society and aims to prepare young people for the opportunities, responsibilities and experiences of adult life. The SRE programme respects that Burlington Danes in a Church of England School, and is sensitive to those children within the school community who are of other faiths.

Year group	Objectives	Outside agencies
7	Year 7 students will learn about puberty and what happens when they go through this stage of their lives. They will learn about the importance of personal hygiene and the menstruation cycle. To be informed of FGM and the cultural, psychological and emotional issues surrounding it. To know what constitutes a healthy relationship/friendship	Sessions with the school nurse.
8	Year 8 students will learn about puberty and what happens when they go through this stage of their lives. They will learn about the importance of personal hygiene and the menstruation cycle. To be informed of FGM and the cultural, psychological and emotional issues surrounding To know what constitutes a healthy relationship/friendship	Sessions with the school nurse.

9	Year 9 students will learn about puberty and what happens when they go through this stage of their lives. They will learn about the menstruation cycle. They will know the basics of sex and know what a condom is and why people might use one. Students will also know in its most basic form To be informed of FGM and the cultural, psychological and emotional issues surrounding To know what constitutes a healthy relationship/friendship	School Nurse MSH
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	<p>what a sexually transmitted infection is and how someone may become infected.</p> <p>To be informed of FGM and the cultural, psychological and emotional issues surrounding</p> <p>To know what constitutes a healthy relationship/friendship</p>	
10	<p>Year 10 students will learn about contraception and the dangers of sexually transmitted infections. They will be introduced to factual information regarding the rise in teenage pregnancies and the dangers associated with this. Students will also learn about sexual abuse and how to keep themselves safe and the agencies involved in supporting such abuse.</p> <p>To be informed of FGM and the cultural, psychological and emotional issues surrounding</p> <p>To know what constitutes a healthy relationship/friendship</p>	School Nurse MSH
11	<p>Year 11 students will learn about keeping themselves sexually safe with the use of condoms and the contraceptive pill to avoid unplanned pregnancies and sexually transmitted infections. Students will also learn about sexual offences and human trafficking. To be informed of FGM and the cultural, psychological and emotional issues surrounding.</p> <p>To understand consent.</p> <p>To understand realistic expectations.</p> <p>To know what constitutes a healthy relationship/friendship</p>	School Nurse MSH

Notes:

SRE continues in both Year 12 and 13 for all students.

Fortnightly drop-in sexual health and relationship advice service open to all students. Age-appropriate advice from a qualified sexual health worker.

MSH-CIC

Our Strategic Aims and Objectives are to:

- Provide the highest quality health & wellbeing services available to private and NHS clients
- Promote positive health and general wellbeing, with a focus on public health outcomes, particularly sexual health
- Increase access to appropriate information for the promotion of a healthy lifestyle and of general wellbeing, including positive mental health. Through our commissioned Public Health portfolio to advise on testing for sexually transmitted infections, contraception methods and promotion of informed choices for sexual health & wellbeing
- Ensure that all staff have the right skills and training to carry out their duties.

Our aim is to incorporate our 6 core values (care, compassion, competence, communication, courage and commitment) across all aspects of our work, be it within our office and clinic or within our local community. At MHW-CIC we provide employment opportunities and work experience placements for the local community, promote sexual health as well as addressing the sexual health and care needs of the LGBT community.

