

## Music and Me

Teenagers listen to music. That's a fact. However the types of music that they listen to can be influential. Some like R'N'B and some like to listen to rock, different preferences. Music can have it's negative or positive influences on teenagers this may be based upon how they act towards others because of lyrics they may have heard and are reflecting it in the actions that they commit. Music is often an outlet for identity for teenagers and can be the only way that they express themselves. Studyguru.com says that classical music can improve a teenagers ability of taking in more information when studying and improve concentration. "When teens say they don't listen to classical music 9 times out of 10 they haven't listened to it before" so perhaps as a teenager you should broaden your horizons.



At Burlington Danes many students are passionate about the music lessons they take and the instruments they play but most students listen to their music on their phone passively. According to [musicffectiveteaching.com](http://musicffectiveteaching.com) music can "increase your responsibility" as you would need to take care of the instrument and look after it.

As a Year11 Media student I certainly believe that music can increase your creativity and make you open minded to certain things that you would not be open minded about.

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